



Testimonials from the Women we Serve

□ My life now is more than I could ever have imagined. I got it because I wanted it. Before, it was a dream. A fantasy. And a wish. But after learning what New Directions had to offer...well, it's hard to describe.

"My parents are proud to have their daughter back. I have reconfirmed where I came from, and where I am today. I guess it's like this: Once you lose something, like yourself, you appreciate that much more, being able to get it back.□"

-- Marie, mother of two

"Before I came to New Directions for Women, I dreaded my own future and what it held for me. I never imagined I could ever be happy, because I didn't think I deserved happiness. New Directions taught me hands-on practical tools that I have used to change the way I think, feel and live. Now I have real hope in my life. I believe in myself and my future. Every day that I am sober, I become the woman that I truly want to be!" -- Jenny

"New Directions for Women has given me an opportunity to grow with my family, to learn how to live, and to enjoy life to its fullest. As I face challenges through life I have learned a new direction with God." -- Julia

"I was lost before I came to New Directions. Now I've been sober for 9 months. I have a three-month-old baby boy who was born while at New Directions and a great family life. I could never give back to New Directions what they've given to me." -- Maurine B.

"I was a patient at New Directions about six years ago – the first woman with child in your facility. I wanted to thank you for all you did for me. I am still sober today because of y'all. I was able to get away from my abusive boyfriend and am a very successful woman.

I just got married, purchased my first house and first brand-new car...I am happy, joyful and free today ... I serve on two boards and am the secretary of a rotary club here as well. None could have been possible without the caring help of the individuals who worked there. Thank you for saving my son's and my life. May God bless you and shine on all of you for the good work y'all do. Thanks again."

-- Trisha M.