



## **Our Leadership**

### **Our Board of Directors**

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### **Our Foundation Board of Directors**

Carole Pickup, President and Chairperson  
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John Moody  
Pauline Nelson  
Faith Strong

### **Our Advisory Board**

Sonny Reser  
Gordon St. Mary, Psy.D  
Samuel Vidaurreta  
Barry Weiner

## Our On-site Leadership



**Rebecca J. Flood, MHS, LCADC, NCACII, BRI II**  
**Executive Director / CEO**

In her more than 30 years of experience in the health care industry, Becky Flood has demonstrated expertise in program development, implementation, and evaluation. As Vice President of Treatment Services for Seabrook House in Seabrook, New Jersey, she oversaw the organization's residential treatment programs and the planning of specialized treatment for women, adolescents, and individuals with co-occurring disorders. Now, as Executive Director/CEO of New Directions for Women since 2004, she turns her expertise exclusively to issues relating to women and women with dependent children suffering from alcohol or drug dependencies. Ms. Flood is currently assisting Morningside Recovery by providing them with administrative leadership and ensuring the quality of service for their co-occurring and academic population. Ms. Flood earned her Master's degree in Human Services from Lincoln University in Pennsylvania, is a Nationally Certified Drug and Alcohol Counselor (NCAC II), and is a Licensed Certified Alcohol and Drug Counselor (LCADC).



**Dr. Maurice Wilson, Sr., Ph.D.**  
**Quality Improvement Officer**

Dr. Wilson earned a Ph.D. in psychology from the University of Pittsburgh and a Master of Theology from St. Mary's Seminary in Baltimore, MD. An ordained minister and a Certified Alcohol and Drug Counselor, Dr. Wilson is a behavioral health surveyor for the Commission on the Accreditation of Rehabilitation Facilities (CARF) and founding partner of BMW and Associates, a consulting firm specializing in assisting behavioral health programs prepare for accreditation. Previously he served as Senior Research Associate at ACS Federal Healthcare, Inc., Associate Professor in the Department of Psychology at Coppin State University in Baltimore MD and Senior Minister in the African Methodist Episcopal Church.

## Keith Fowler

### Clinical Director



Keith Fowler has been working in addiction and dual diagnosis treatment since 1991. He is a fully certified Alcohol and Drug Abuse Counselor through the California Association of Alcohol and Drug Abuse Counselors (CAADAC). He began his career in Northern California with Community Psychiatric Centers as a Mental Health Counselor where he served in their Santa Rosa and Belmont California facilities. He also worked for St. Luke's Hospital in San Francisco as a Mental Health Counselor in both their inpatient and outpatient facilities.

Mr. Fowler began his management career in 1999 for Baker Places Inc., a large non-profit agency in San Francisco providing residential treatment services for the mentally ill and substance abusing population. He held numerous managerial positions there, including; Program Director for the 7th Street Program, Program Director for Baker Street House, Project Director of Detoxification Services and Division Director for the Acute Services Division. As Division Director, he was responsible for the daily operations of five licensed residential treatment and detoxification programs.

During his tenure in San Francisco, he was appointed by the San Francisco County Board of Supervisors to the San Francisco County Drug Abuse Advisory Board. He served the board as chairman of the public policy subcommittee and eventually was elected vice-president of the board. In this capacity, he evaluated the efficacy of treatment and prevention programs in the county of San Francisco, evaluated public policy related to the treatment of chemical dependency and annually made recommendations to the mayor's office and board of supervisors.

Upon his relocation to Southern California, he was hired as the Clinical Director for Whiteside Manor in Riverside California. He then served as the Deputy Executive Director and Chief Operating Officer for Pacific Treatment Centers in Los Angeles. Keith has held many managerial, counseling, and public policy positions during the course of his career. However, it is his own recovery (that began in 1989) that continues to guide and inspire him in his professional endeavors. It is his hope and desire that he may, through his clinical direction, inspire the passion for recovery in others.

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